



EAST AFRICAN WILD LIFE SOCIETY IMRE LOEFLER LECTURE



Language of the Landscape

An appreciation of plants and the role that they play in the circle of life

By Susan Brown

24th November 2018@Cape Chestnut Nanyuki

Susan Brown grew up in North Kenya, always fascinated by the world around her. She shares, together with her Husband, David, a delight in good food and living self-sufficiently. These passions, together with the determination to keep cattle in suburban Tigoni, developed into their business 'Brown's Cheese'. When their daughters left home, Sue took to growing their food biodynamically, working with nature rather than against her. This then led to many years study of western herbal medicine and further into holistic science. David and Sue are now back in North Kenya where Sue spends her time when not enjoying grandchildren, in the garden, making sourdough, marmalade or herbal remedies recording the shifting phenology at Lewa.

We will discuss why we seem to take the plant world for granted. Concentrating our energies on saving the Fauna whilst quite often overlooking the Flora. We have come a long way as a species with an inherent knowledge of plants. Pharmaceuticals both in farming practises and as medicine have only been around in the last 150 years. How are these pharmaceuticals affecting us and the Earth?

We will explore how food can be our medicine, and how medicine as food may ease many chronic health situations that we now face both in terms of our environment and our personal inscape.

How does the plant world respond to challenges? Sue will use Elephant impact within Lewa as an example. Sue believes in rigorously finding evidence and making full use of modern methods of investigation to gain greater insights into what is happening in nature. She also trusts the butterfly effect, that we can all individually take decisions that accumulatively can make a difference in ensuring a vibrant world for our grandchildren.

Lecture & Canapés:

Lecture and Lunch - 2,200/-
Lecture only - 1,200/-

Programme:

12.00: pm - Welcome glass of wine
12.30: pm - Lecture begins
1.30: pm - Lunch

For more info contact Cape Chestnut Nanayuki

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